

## **Men's Bible Study** **Philippians 1**

1st Meeting: Sunday, February 20 at 5:00 pm in the Cafe

**Weekly Objectives:** Read Philippians 1 and complete the following objectives before our first meeting. If you fall behind, no worries! This study is formatted to purposefully take our time in examining the text. The goal is to strengthen your personal Bible study habits, and equip you to better study the Bible for yourself. You don't have to complete all the tasks in order to participate in the monthly meetings.

### **Week One (January 30 - February 05)**

Using a study Bible, answer the following questions about Philippians:

- Who wrote it?
- When was it written?
- Who was the audience?
- What is the literary style? (historical narrative, law, poetry, wisdom literature, prophecy, epistle, apocalyptic)
- Why was it written?

### **Week Two (February 6-12)**

Use the MMAPS Bible reading method to break down Philippians 1. After you've MMAPSed it out, continue to read and pray through the chapter, digging for any treasure you may have missed the first time. (Watch a few videos of John Piper's "Look at the Book" series to get a few ideas on how to mark and notate words and phrases.

<https://www.desiringgod.org/labs/do-you-serve-god-or-man> )

### **Week Three (February 13-19)**

Looking back on your notes from chapter 1, use the BlueLetter Bible app and/or website to help define those terms. Make note of anything that sticks out. Does a word or phrase illuminate a fresh meaning in the original Greek? Are there any questions this brings about?

## MMAPS Bible Reading Method

### Read Philippians 1

Use the margins and notes pages of your scripture journal to note the following. If you run out of room, use the notes page provided or a personal journal.

#### **Meditate & Memorize**

To meditate, simply means to reflect. Take time to think about the truths revealed in your reading. Was there a particular verse that stood out to you? Take time to reflect on what it says and means. Commit to memorizing it over the next week.

- What is happening in this passage? Take note of the who, what, where, when and why.
- What words, phrases, or ideas seem particularly important, or repeated? Use colored pencils to mark repeated words or phrases.
- What does this text say about who God is, who we are, who Jesus is, and how we follow him?
- What is the main point of the passage?
- Is there anything in this passage that doesn't make sense that you might need to explore further? Is there anything that you want to ask about at our monthly discussion?

#### **Apply**

- **Head:** How does this passage challenge me to **Think** differently, about God, others, myself, the world?
- **Heart:** How does this passage challenge / change my **Desires**, what I want in my life, my family, or in the world?
- **Hands:** What does this passage call me to do, or not do? How should I **Act** on this passage?

#### **Pray**

Take time to use your breakdown and application of the text, and ask God to change your heart, mind, and life based on the time you've spent in His Word.

- **Praise:** How is God's goodness revealed in these verses? Take time to praise him for those attributes.
- **Repent:** How do these verses reveal your sin, unbelief, or inadequacy? Spend time talking to God about those things.
- **Ask:** What's one thing you'd like to pray for your life based on what you've read? What's one thing you'd like to pray for someone else based on what you've read? Write out your prayer to the Lord.
- **Yield:** Spend time talking to God about how you want to apply what you've learned.

#### **Share**

Commit to share what God has taught you with at least one other person (friend, spouse, teammate, teacher, parent, sibling, etc.).

**Meditate & Memorize**

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**Apply**

- **Head:**

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- **Heart:**

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- **Hands:**

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**Pray**

- **Praise:**

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- **Repent:**

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- **Ask:**

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- **Yield:**

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**Share**

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